

Cardiovascular Atherosclerosis 2026: Prediction, Prevention and Management

September 19, 2026 · Scripps Memorial Hospital La Jolla · Schaetzel Center · La Jolla, California

Course Overview

Despite notable advances in management, atherosclerotic cardiovascular disease (ASCVD) and its major clinical manifestations continue to be a leading cause of morbidity and mortality worldwide. In the United States alone, ASCVD remains the leading cause of death across most racial and ethnic populations and carries an estimated annual cost exceeding \$200 billion, driven by health care service utilization, medications, and productivity losses. These significant human and economic costs are often attributable to gaps in the implementation of effective prevention strategies and the underutilization of available medications and lifestyle interventions to control ASCVD risk factors.

The Scripps Cardiovascular Atherosclerosis conference is specifically designed to empower clinicians with the knowledge and tools necessary to enhance the prevention, diagnosis, treatment, and long-term management of ASCVD within their clinical practices. The conference also seeks to promote awareness of evidence-based lifestyle and dietary interventions, offering actionable insights to improve patient outcomes and reduce the overall burden of ASCVD. By addressing these challenges, this educational program will serve as a vital resource for health care providers committed to reducing the impact of ASCVD at both the individual and population levels.

Target Audience

- Cardiologists
- Endocrinologists
- Internists
- Family Medicine
- Nurses, Nurse Practitioners, Physician Assistants

Course Directors

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Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. **A complete listing of faculty and their disclosures for this program can be found on the course website.**

Accreditation, Maintenance of Certification, and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners

The American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*[™].

Commission on Dietetic Registration

The Commission on Dietetic Registration (CDR) accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

Maintenance of Certification

This CME activity is offering Maintenance of Certification (MOC) points for members of the American Board of Internal Medicine and the American Board of Pathology. Visit the course website for additional details on how points will be awarded.

Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.

Course Location

Scripps Memorial Hospital La Jolla · Schaetzel Center

9890 Genesee Ave
La Jolla, California 92037



Scripps Health CME

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Course Topics

- Advanced Coronary Imaging & Plaque Assessment
- Managing Resistant Hypertension
- Chronic Kidney Disease & Cardiovascular Risk
- Emerging Lipid & Metabolic Therapies
- Obesity, Nutrition & Lifestyle Interventions
- Metabolic Risk & the Future of Care
- And more...



Scan for a complete agenda

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Educational Objectives

Upon completion of this activity, participants should be able to:

- Accurately assess cardiometabolic risk to guide ASCVD prevention strategies.
- Analyze plaque characteristics and evaluate the clinical utility of new coronary imaging software technologies in the diagnosis and management of atherosclerosis.
- Apply evidence-based approaches for screening, evaluating, and treating uncontrolled or resistant hypertension to improve patient outcomes.
- Identify strategies to minimize the progression of chronic kidney disease (CKD) and mitigate its associated risks of atherosclerosis and adverse cardiovascular outcomes, with a focus on the role of RAAS and aldosterone modulation.
- Evaluate the impact of genetically inherited cardiovascular risks and integrate polygenic risk scoring into prevention strategies for cardiovascular disease (CVD).
- Review the latest advancements in hyperlipidemia management, including the role of CETP inhibitors, and their clinical implications.
- Explore the role of artificial intelligence in cardiovascular medicine and its potential to enhance clinical decision-making and patient care.

Register Online



	Thru Sept 4	After Sept 4
Physicians (MD, DO, MBBS)	\$325	\$375
Scripps Physicians*	\$275	\$325
RN, NP, PA, Other	\$250	\$300
Scripps RN, NP, PA, Others*	\$200	\$250
Students, Residents, Fellows**	\$125	\$175

*Must use a valid Scripps email address when registering.
**To receive the student, resident, fellow registration discount code, please email or call Scripps CME and provide proof of your status.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday, September 4, 2026**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, September 4, 2026**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this course, in which case a full refund of the registration fee will be provided. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.